

## Why Choose TMS Therapy?

Transcranial Magnetic Stimulation (TMS) therapy is a non-invasive and non-pharmaceutical treatment shown to be successful in treating depression, anxiety, and OCD. It involves the use of magnetic pulses to stimulate the dorsolateral prefrontal cortex - one area of the brain involved in mood regulation. If first-line approaches such as medication or psychotherapy have not been effective, you should consider TMS as an alternative.

## Success Rate

The TMS therapy protocols with StimGuide boast the following success rates:

- rTMS (Classic TMS) reports a patient remission of depressive symptoms of 70%.
- iTBS (SNT Protocol) reports a greater than 90% rate of remission of depressive symptoms.

TMS is typically covered by the majority of insurance providers. Scenic City Neurotherapy offers financing options, and we are in-network with the VA Community Care Network.

## Maximizing Success

Upon completion of the TMS protocol, patients maximize success by working with their psychotherapist to establish daily self-management of mental health. Our boosters serve as a tool to be utilized in sustaining and supporting this continuous improvement. The frequency and timing of boosters are tailored to each individual's specific needs and response to treatment.

# Your First Step Starts Here.



[ScenicCityNeuro.com](https://ScenicCityNeuro.com)



(423) 228-0579



[admin@sceniccityneurotherapy.com](mailto:admin@sceniccityneurotherapy.com)



7405 Shallowford Rd., Suite 240  
Chattanooga, TN 37421



Research & Resources

## Schedule a No-Cost Consultation Today!

Learn how TMS Therapy is helping people just like you regain control of their life.



Scenic City  
Neurotherapy

Is Transcranial Magnetic Stimulation (TMS) Therapy Right For You?

## What Are Some of the Advantages?

- ✓ **Non-Invasive:** TMS is a non-invasive form of brain stimulation that occurs externally, without any intrusion into the body.
- ✓ **Minimal Side Effects:** TMS is well tolerated as compared to the side effects often seen with medications and ECT. Potential side effects of TMS include mild headaches and scalp irritation.
- ✓ **Targeted Treatment:** TMS allows for precise targeting of specific brain regions involved in mood regulation, leading to a more focused and effective treatment.
- ✓ **Limited Drug Interactions:** TMS does not involve taking medications, which means there are no potential interactions with other drugs.
- ✓ **Outpatient Treatment:** TMS is conducted on an outpatient basis, allowing individuals to receive treatment and return to everyday activities.
- ✓ **Improvement:** TMS therapy addresses the underlying source of depressive symptoms, leading to gradual improvements in mood over the course of treatment.

# Why Scenic City Neurotherapy Is the Better Choice for TMS Therapy

## Precise Targeting

We know your top concern is the outcome of your treatment. Scenic City Neurotherapy has adopted the most cutting-edge FDA-approved rTMS therapy system available. Using Stim-Guide mapping, our 3D targeted approach determines your ideal treatment target and ensures perfect stimulation for the entirety of each treatment.

Head caps are not required for treatment at Scenic City Neurotherapy.

“ *They are some of the most caring professionals I have ever encountered in the medical field.* ”



**Charles Miller**  
Chief Medical Officer

## Evidence Based Protocols

### SNT Protocol

Scenic City Neurotherapy stands as the exclusive regional provider of iTBS (SNT Protocol), thanks to our capability to deliver Precise Targeting. This treatment includes 10 sessions per day for five consecutive days, totaling 50 sessions. Alongside the treatment room, you will enjoy a cozy kitchen area and your very own private room. This inviting space is perfect for unwinding between your sessions.

### Classic TMS Protocol

The rTMS (Classic TMS) protocol involves one session per day, Monday to Friday, spanning 6 weeks with a 3-week tapering period – a total of 36 sessions. This is ideal for those with work or daily responsibilities that cannot be put on hold. You have the flexibility to drive to and from each session and continue with your regular activities throughout the rest of the day.

### Ketamine-Assisted TMS

At Scenic City Neurotherapy, you have the option to support your TMS protocol with ketamine infusion boosters.