



Minimally Stimulated Ketamine Infusion Therapy (MSKIT®) is a best practice method of administering ketamine to treat depression, anxiety, PTSD, and a variety of other neurodegenerative conditions.

Why MSKIT® Over Ketamine Assisted Psychotherapy (KAP)?

Charles Miller developed MSKIT® to provide superior patient outcomes without the limitations of KAP.

- ✓ Proven Outcomes Patients report up to 15% better symptom remission.
- ✓ Comfort & Confidence Patients report increased comfort and decreased anxiety during treatment.
- ✓ Science-Backed Process No pressure, no expectations. You cannot "fail" the treatment.
- ✓ Educational Approach Patients are educated on the process and can better advocate for themselves. t
- ✓ **Optimal Dosing** Allows for optimal release of neuroregenerative proteins responsible for results.

MSKIT®: Science, Not Hype.

MSKIT is not a psychedelic experience or mystical journey. It's measurable, mappable neuroscience.

- Confidence Patients cannot "mess up" the treatment. Every patient benefits.
- ✓ Reliability The effects are not tied to dissociation. Even if a
 patient sleeps through the infusion, BDNF release and neurooptimization still occur.
- ✓ Healing The experience may feel interesting, but the real impact comes from the physiological changes.
- ✓ **Resilience** Neuro-regeneration starts as you sleep at night and continues in the nights that follow.

IV Ketamine Is The Gold Standard.

Intravenous Ketamine (IV)

- ✓ Optimal Absorption 100% bioavailability
- ✓ Highest Efficacy Maximal protein release (BDNF) for neuroregenerative effects.
- ✓ **Safer** Controlled administration with ability to titrate accurately.

Intranasal Esketamine (Spravato)

- ✓ Poor Absorption 8-40% bioavailability, impacted by allergies and anatomy.
- ✓ Low Efficacy Less than half as effective as IV ketamine.
- ✓ Less Controlled Single shot administration must clear naturally once administered.
- ✓ Limited Dosing Available in only two doses, regardless of patient needs.

No Take-Home Ketamine.

We never provide DIY or at-home ketamine. Here's Why.

- ✓ Unsafe High risk of misuse, abuse, and diversion.
- ✓ **Unpredictable** Self-administering anesthetics is unsafe and predictable.
- ✓ Ineffective Oral ketamine does not trigger necessary neuroregenerative response. It's no better than a benzodiazepine or sedative and has long-term side effects.



Our 2022–2024 study confirms MSKIT® provides the highest patient-reported relief among all ketamine treatments. At Scenic City Neurotherapy, we believe brain health is mental health, and we're here to help you reclaim your life.



Scenic City Neurotherapy

Your First Step Starts Here.



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